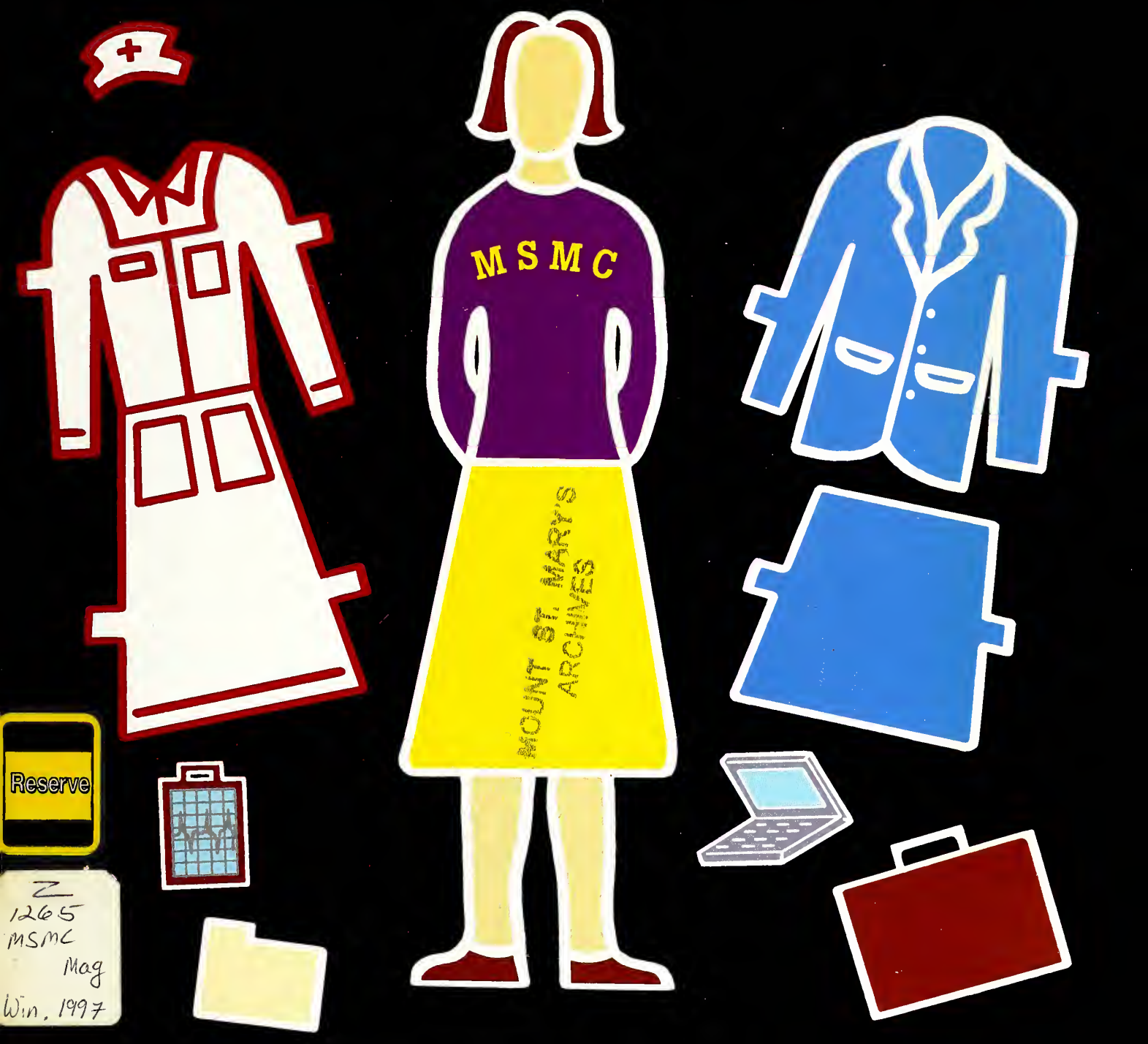
# Mount St. Mary's COLLEGE MAGAZINE

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Admissions Receives Poster Award

**Winter 1997**

*Bedside or Boardroom: Nursing Students Are Prepared for Any Uniform*

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Classics section news should be mailed to Alumnae Relations at the same address or e-mailed to jruiz@msmc.la.edu.

Mount St. Mary's College is a Catholic liberal arts college, primarily dedicated to the education of women and nationally recognized for programs enabling minority and under-prepared students to succeed.

MOUNT ST. MARY'S
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# Mount St. Mary's COLLEGE MAGAZINE

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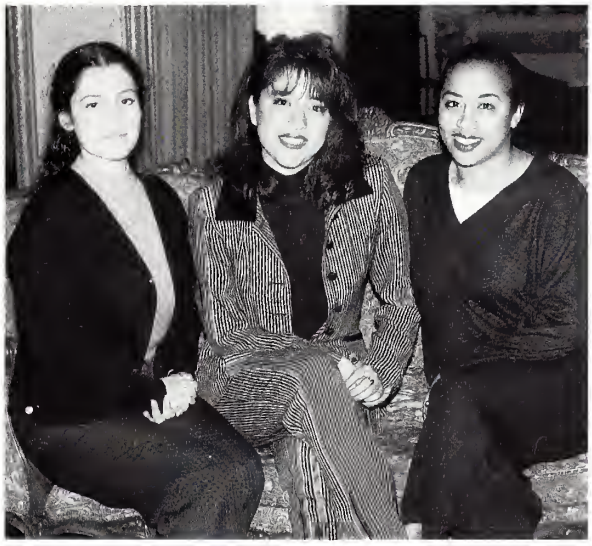

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***On the Cover:*** Due to rapid changes in the health care profession, Mount St. Mary's College nursing students may not know what uniform they will wear when they graduate. Luckily for them, nursing department faculty are preparing students for everything from the bedside to the boardroom. See article on page 2.

page 2

WINTER 1997

# BEDSIDE OR BOARDROOM

## NURSING STUDENTS ARE PREPARED FOR ANY UNIFORM

By LAURA ZARAGOZA

They know where it hurts and how to make you feel better. Since the days before Florence Nightingale, nurses have been regarded as angels of mercy at the bedside. But today, nurses are more likely to have an office in a company where they dispense wellness advice. Changes in managed health care and the rising power of insurance companies have resulted in new roles for nursing professionals — and Mount St. Mary's is preparing its students to adapt.

**Mary C. Kochie '74** surveys the newly installed ergonomic equipment for employee safety at Teradyne, Inc., an electronics manufacturer in Agoura Hills.

"Nursing as a whole has always had fluctuating staffing patterns, but the 1980s and '90s mark the first time that changes were initiated by insurance companies. In earlier times, change was spurred by patient need or personnel availability," says Dr. Karen Jensen, dean of allied health at the Doheny campus. While California has the second highest managed health care enrollment in the country and leads in the shift toward outpatient care, the rest of the country is also seeing rapid changes in nursing employment and practice. In 1986, 264,000 U.S. nurses worked in health services outside the hospital; in 1995 that number nearly doubled to 500,000, according to the Bureau of Labor Statistics. "Many new non-traditional nursing opportunities are becoming available in clinics, home health care and nurse practitioner programs. And the Mount's programs are preparing nursing students to adapt by teaching them technical and interpersonal skills, and offering them a holistic perspective based on the Roy Adaptation Model," Jensen says.

Mary C. Kochie '74, Victoria Pegollo '93 and Anita Schlotfeldt '95 are Mount nursing alums who have realized that in order to succeed in their profession they need more than just clinical skills. Although all three work in different settings, they agree that the Mount's unique Roy Adaptation Model-based curriculum has provided them with an unparalleled ability to understand their job responsibilities and survive within a changing health care system. Developed by Sister Callista Roy '63, the Roy Adaptation Model is a concept for the study and practice of nursing that perceives the person as a total being and focuses on the physiological, psychosocial and spiritual care of the individual in health and during illness.

### Protecting the Well-Being of a Person

"I chose the Mount because its curriculum is very heavy on ethics and religion classes since it's based on the Adaptation Model. Over the years that has served me very well in terms of applying it to people and using it to do company assessments," says

Mary C. Kochie. As health services manager at Teradyne, Inc., an electronics manufacturer in Agoura Hills, Calif., Kochie assesses the status of injured and ill employees, creates and implements safety and wellness programs, practices case management on workers' compensation cases and manages the company's disability program.

Selected as one of the top 10 California nurses for 1993 by NURSEweek Magazine, Kochie worked in dialysis care, as well as intensive care units and critical care units, before entering the occupational health field in 1980. "Since health care is now being provided more on an outpatient basis, it is important that nurses adapt to the changing role. They need to learn to be community outreach people. This is what ultimately helps protect the well-being of a person," she says.

Kochie has found that the Adaptation Model is particularly useful to nurses entering non-traditional settings. "I get interns here from different nursing programs and I notice that the Mount students are by far better prepared to work independently than the rest. I think this is because the program is designed around the model and also because the expectations of a Mount St. Mary's student is that much greater."

**Anita Schlofeldt '95** double checks medical instructions in the intensive care unit of Cedars Sinai Medical Center.

## Meeting the Needs of the Non-traditional Student

Since 1949, Mount St. Mary's has been preparing its nursing students to function independently. Through the years, the Mount has expanded its nursing department to implement nursing programs which not only provide aspiring nurses with a rigorous, liberal arts-based curriculum, but respond to the changing needs of students and society as well.

## SISTER CALLISTA ROY:

### Treating the Mind, Body and Soul

The Roy Adaptation Model was developed by Sister Callista Roy, CSJ, Ph.D., who graduated from the Mount with a bachelor's degree in nursing in 1963. The Model is a widely used approach in nursing that recognizes that a person is a bio-psycho-social-spiritual being in constant interaction with a dynamic and complex world. The Model's framework prepares the nursing professional to understand the person as a total being, and to recognize and respect human values.

Roy joined the MSMC nursing faculty in 1966 and served as chair of the nursing department during the '70s and early '80s. During this time, she worked with faculty to implement the framework of the Adaptation Model into the nursing curriculum. Presently, the Roy Adaptation Model is used nationally and internationally in education, research and practice; Mount St. Mary's is known throughout the world as home of the Roy Model.

Currently a professor and nurse theorist at Boston College, Roy teaches in the master's and doctoral programs dealing with knowledge development in nursing, and directs doctoral research in nursing. She has given more than 200 lectures on nursing theories, nursing issues and the Roy Adaptation Model in more than 40 states, five Canadian provinces and in countries such as Chile, Israel and Denmark. Her professional writings in books and journals number more than 60 and have been translated into at least six languages.

She has received more than 30 national and international honors and awards which include an Honorary Doctor of Science degree from Eastern Michigan University in 1986, the National League for Nursing Award in 1991 for advancing the science of nursing, and the Carondelet Medal from Mount St. Mary's in 1995 for her commitment to excellence in nursing.

Most recently, Mount St. Mary's, in partnership with Kaiser Permanente, initiated a nursing program that allows a registered nurse with an associate degree in nursing to obtain a bachelor of science degree in nursing in five semesters of Saturday classes. The RN to BSN program, which is the only campus-based program of its kind in the region, is offered through the Weekend College on the Chalon Campus. Different from the Mount's traditional RN to BSN program which consists of two semesters of weekday courses, this program enables working RNs to meet the increasing job demand for baccalaureate-level preparation in an ever-changing health care environment.

"The Weekend College is an innovative approach to education that gives working nurses the opportunity to earn a bachelor's degree, while continuing to fulfill obligations to careers and families," says Marjorie Dobratz, chair of the nursing department. "The reality of today's economic environment demands the flexibility that our program provides to working nurses in a non-traditional schedule."

As medicol coordinotor for the Foundotion for the Junior Blind, **Victoria Pegollo '93** ensures that potients get the necessory medicotions.

Another program that caters to the needs of the non-traditional student is the Associate Degree in Nursing program at Doheny where the average student is 36 years old and in the process of changing careers. "Students come to the program from all walks of life, from MBA executives to secretaries. Most of them had always wanted to go into nursing but for whatever reason put it off. This program is the only one that allows them to continue working while they earn their degree," says Dr. Karen Jensen.

Initiated in 1992, the program allows working adults to earn an associate degree in nursing in two years of evening and weekend classes. "All students in the program have to take philosophy, critical thinking and ethics classes, so they get out of the program with critical thinking skills. They have a sense of philosophy and a religious perspective," says Jensen. "Students come out of the program well-prepared with a good sense of what the profession expects of them."

No one agrees more with this than Anita Schlotfeldt, a critical care nurse in the surgical intensive care unit at Cedars Sinai Medical Center. "The ADN program gives you a good sense of reality because of its strong clinicals. All the hours of clinicals you are expected to complete really prepare you to step into the patient care setting once you graduate," she says.

A former secretary, Schlotfeldt admits that the program's format had a lot to do with her decision to apply. "I needed to continue working and other programs didn't allow me to do so. I had heard about the Mount's reputation and when I found out they offered this program, I applied."

Working in direct patient care every day, Schlotfeldt realizes the importance of understanding the different elements of a person and believes that the Roy Adaptation Model is key to this process. "A critical care nurse is the one person who stays with the patient long after the doctor is gone. It is the nurse's job to keep everything moving smoothly so it is imperative that he or she understand the different traits of a person, and that's what the model teaches you," she says.

Although not quite certain of what she ultimately would like to do, Schlotfeldt is confident that there will be a myriad of opportunities awaiting her. "What attracts people to nursing now is that there are so many options. I'm not sure what I want to do, but I'm sure I'll have plenty of choices."

## Finding a True Passion in Life

For Victoria Pegollo, the road to finding her true passion in life was paved during her senior year at the Mount. Through a senior independent study program, Pegollo was given the opportunity to complete an internship at the Foundation for the Junior Blind, a non-profit organization serving the blind and multi-handicapped. Although she had never worked with blind or handicapped children before, Pegollo found her seven-week experience so rewarding that she accepted a job offer with the Los Angeles-based organization soon after graduation.

"What I enjoy most about my job is working with children. Even when I'm having a really bad day, seeing them smile makes me happy," says Pegollo. As medical coordinator for the Foundation, she sees that the medical

*continued on inside back cover*

# Making Their Mark
# The Class of 2000

**They** are bright, energetic, ambitious, caring and eager to change the world. They've grown up with computers in their elementary school classrooms, microwave ovens in their kitchens and fax machines and the Internet at their fingertips. They describe themselves as "color-blind, tolerant, adaptable, great achievers and concerned about others." Mount St. Mary's Class of 2000 has arrived.

(L to R) Seated are Sarah Padegraz and Jackie Balba, in back row is Aimee Jode Romos Sison; all members of the class of 2000 on the Chalon campus.

Aware of their historical placement, the members of the Class of 2000 know their contributions to the College will be scrutinized long after they have graduated. "We hope to leave our mark on the Mount's history by being the first to bring the freshman classes from Doheny and Chalon together to work as a unified group," says Doheny liberal arts major Maricela Renteria. "It is as if we are part of a great masterpiece and everyone is contributing to create it." Interested in early childhood education and determined to become an advocate for children's issues, Renteria sees everyone in the class as a leader. "We all support each other and believe that each person is just as important as the next," she says.

Chalon freshman senator Jackie Balba agrees with Renteria. "We want to be remembered for bringing freshmen at both campuses together whether we are participating in community service projects, following College traditions, or creating our own memories," she says. Balba is a biology major who hopes to enter the Master of Physical Therapy Degree program after receiving her baccalaureate degree.

The 204-member-strong Class of 2000 consists of 107 in the baccalaureate program on the Chalon Campus, and 97 at Doheny who will earn associate in arts degrees in two years and/or transfer to the Chalon Campus or to other colleges or universities.

The demographic profile of this class reflects the Mount's diversity. At Chalon, 89 percent are from California and the class is 5 percent African American; 41 percent Asian/Pacific Islander; 26 percent Hispanic; 26 percent White and 2 percent non-resident or unstated. The top two majors are biology and nursing; 51 percent of the students are first-generation college goers and 72 percent are Catholic.

At Doheny, 98 percent are from California and they are 11 percent African American; 6 percent Asian/Pacific Islander; 74 percent Hispanic; 5 percent White, and 4 percent non-resident or unstated. Their top two choices of study are in pre-health and liberal studies programs; 86 percent are first-generation college goers and 72 percent are Catholic.

The Mount's newest students have a clear sense of direction for their studies. Kimberly Flowers, Doheny, who is considering law as a career, believes that an education at Mount St. Mary's gives women control over their lives. "We are a class of achievers and very capable," she says. "We will make our place in history by showing that we can do anything."

**Rapid** changes in the world since they were born have shaped their lives. "We have all grown up with developing technology so we are adaptable and tolerant to differences," says psychology major M. Veronica Martinez, Doheny. "At the same time, we are sensitive to each other, and really support our fellow students." Martinez hopes to counsel children and adolescents in the future. She currently serves as the Associated Student Body commuter representative for the Doheny campus.

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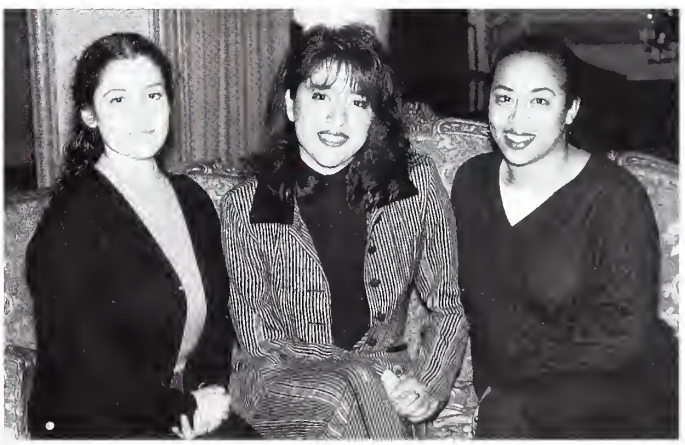


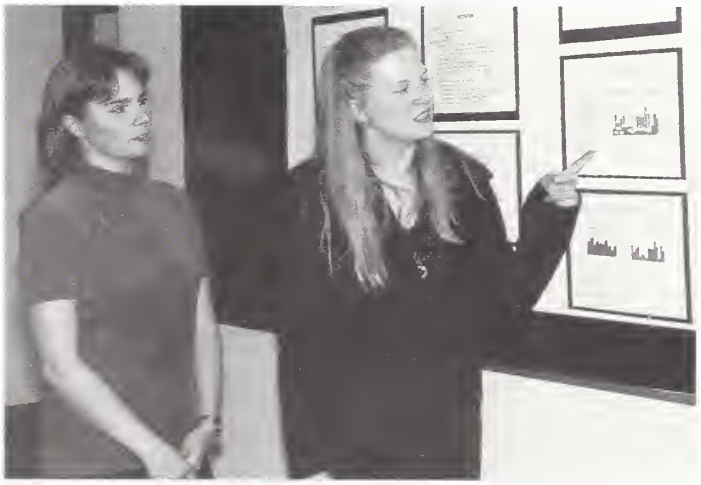
(L to R) Moricelo Rentorio, M. Veronica Martinez and Kimberly Flowers, members of the class of 2000 on the Daheny Campus.

# Reputation of Master of Physical Therapy Degree Program Grows

"SINCE its inception in 1991, the reputation of the Mount's Master of Physical Therapy Degree program has increased in stature," says Cynthia Moore, chair of the physical therapy department, on the occasion of the program's fourth annual hooding ceremony Dec. 13. Activities that day also included the presentations of original research projects to family, friends, College faculty and staff by the 47 graduates of the program. These scholars had just completed the 27-month program which trains students with baccalaureate degrees to become physical therapists through rigorous full-time academic study, research and clinical experience, including a three-month internship.

"We are receiving more and stronger feedback from the clinical community about the performance of our graduates because of their clinical reasoning skills and ability to assume responsibility right off the bat," says Moore. She attributes this phenomenon to the faculty who, as practicing clinicians, bring the real world into the classroom. "From the very first day, our students are involved in problem solving and real patient scenarios giving them experience far ahead of students from other institutions," she says.

Karyn Lange '94, a member of the '96 MPT class, explains how significant this teaching method is. "As students, we were given opportunities for challenging and rewarding clinical experiences and observations, and immediately applied our classroom learning," she says. "We also learned the importance of good communication between the therapist and the patient, and employed that skill throughout our clinical experiences."



Judith Hemenway '94 and Karyn Lange '94, recipients of the master's degree in physical therapy, present their original research study, "Measurement of Patellar Displacement Using the Metrecam" at the fourth annual research forum.

Another part of the program requires each student to complete and present an original research project. Moore boasts that several projects written by Mount students have been presented at platform and poster sessions at a recent American Physical Therapy Association Conference.

"The Mount's MPT students have an advantage when it comes to employment; they are often selected over other physical therapists because they are prepared for the practice as it really is," Moore says.

The MPT program receives approximately 300-400 applications each year and accepts 40 for each class.

To meet the needs of students as well as the changing health care needs of society at large, the College also offers a Physical Therapist Assistant program on the Doheny campus with three different options: Associate in Arts Degree/Physical Therapist Assistant Certificate; Preparatory Program for A.A. degrees/PTA Certificate; and Physical Therapist Assistant Certificate for degree-holding applicants.

# Campaign Update

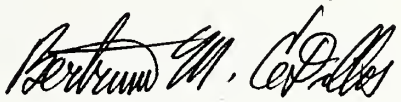
WINTER 1997

TIMELESS VALUES FOR CHANGING TIMES

The Campaign for Mount St. Mary's College

## MESSAGE FROM THE CO-CHAIR

Historically, Mount St. Mary's College has enjoyed strong support from corporations and foundations. Since the public phase of the Campaign for Mount St. Mary's College began in 1995, we have received more than $3.5 million in gifts annually from our foundation and business partners. As Chairman of the Corporate and Foundation Committee, it is my goal to see these critical relationships strengthened and expanded throughout the Campaign. Grants from corporations and foundations help us with our goal to educate our students for professional careers and for lives of excellence, commitment and service to the community. Through generous gifts from our corporate and foundation partners, we have been able to provide scholarship support, renovate out-of-date buildings, engage in community outreach programs, and add new technology to our libraries and classrooms. I am happy to report that in 1996, Mount St. Mary's College received its first-ever endowed chair in English from the Fletcher Jones Foundation. This gift is but one example of the outstanding support that will position our academic programs to serve well into the 21st century.



**Bertrum M. CeDillos**

**Campaign Co-Chair for Corporate and Foundation Giving**

*Bert CeDillos has been a Regent of Mount St. Mary's College since 1995. He is the founder and president of the investment firm First California Corporation, and BMC Landscape Inc. He serves as a member of many boards at such institutions as St. Francis Medical Center in Lynwood, Daughters of Charity Foundation and St. Francis Medical Center, and is on the Financial Oversight Committee for the City of Gardena.*

### KNUDSEN FOUNDATION DONATES $75,000

The Tom and Valley Knudsen Foundation of Los Angeles donated $75,000 to Mount St. Mary's to be used for Knudsen Opportunity Awards for qualified and needy students in programs at the Doheny Campus, and to help the College complete a matching loan challenge from the Weingart Foundation.

Opportunity awards are a special component of the Mount's financial aid program on the Doheny Campus where so many students come from low-income families and really need the opportunity to attend college. Knudsen Opportunity Awards will make a college education possible for many of these promising students.

For decades, the Knudsen Foundation has generously given to Mount St. Mary's College through grants.

The Knudsen Foundation focuses its giving in the areas of the arts, cultural programs and higher education, with particular emphasis on private higher educational institutions and cultural institutions.

### CURRENT PROGRESS TOWARD THE GOAL

| Category | Goal | Cash/Pledges as of Dec. 31, 1996 | Balance Needed |
|---|---|---|---|
| Facilities | $22,100,000 | $13,566,709 | $8,533,291 |
| Financial Aid Resources | $9,500,000 | $5,080,389 | $4,419,611 |
| Academic Program Renewal | $4,200,000 | $5,375,282 | ($1,175,282) |
| Annual Fund Growth | $4,200,000 | $2,780,034 | $1,419,966 |
| **Totals** | **$40,000,000** | **$26,802,414** | **$13,197,586** |

## EDISON GRANT EXPANDS OUTREACH INTO JUNIOR HIGH SCHOOL

Edison International recently awarded MSMC a New Era Award for Excellence in Higher Education grant of $10,000 to expand a mentoring program into a junior high school.

Currently the College is involved in a Friday afternoon mentoring program at Alain LeRoy Locke High School in South Central Los Angeles. Mount students talk to at-risk teens on such wide-ranging topics as how to resist pressure to join a gang and how to apply to college. The goal is to motivate the high school students by introducing them to the collegiate world through friendships with MSMC students – most of whom are minority women who can relate to the personal experiences of the Locke students.

Thanks to the grant, the program will be expanded to initiate a mentor program between Locke High School and Gompers Middle School, two blocks from Locke. Teachers and counselors at Gompers say that 13-year-olds need to value an education and the Locke students will help them do just that.

The goal of the program is to help the Gompers students deal with the challenges involved in getting an education,

*Mount St. Mary's mentors discuss college and career options with Locke High School students during the fall semester at the Locke campus in South Central Los Angeles.*

understanding the opportunities available to them, and seeing a college education as a realistic goal. At the same time, the mentoring experience will help the Locke students reach their own goals to stay in school, prepare for college, select the colleges to which they can apply and submit their applications for admission on a timely basis.

Edison created the grant as part of a competitive pilot grant program for Independent Colleges of Southern California and grants were awarded to six campuses. "The winning programs include strong community collaboration to encourage young people to continue their education, keep new students in college and improve course design," said J. Michael Mendez, Edison's vice president of regional leadership. "By winning New Era Awards, the recipients become our partners in leading our region and state into an era of new opportunities."

## SPOTLIGHTED GOAL
## ACADEMIC PROGRAM RENEWAL
### $4,200,000

Increased support for faculty research, curriculum development projects, and endowed professorships will ensure that the College's tradition of nurturing and retaining exceptional teachers remains intact. Mount St. Mary's is profoundly aware of the importance of the individual teacher – and actively committed to providing an environment where an outstanding faculty will thrive.

Mount St. Mary's has earned an unparalleled reputation for the boldness and scope of its academic programs. These programs significantly enrich the student experience at Mount St. Mary's. Many of them also have outreach components that have a profound impact on the community and the nation.

Providing the resources that will enable these programs to survive and grow is one of the priorities of the Campaign for Mount St. Mary's College. Funds for academic program support will implement new programs that will allow the College to continue to be one of the foremost innovators in higher education for many years to come.

## HEARST FOUNDATION INCREASES ENDOWED SCHOLARSHIP

The William Randolph Hearst Foundation of San Francisco has donated $50,000 to Mount St. Mary's to increase its endowed scholarship to $200,000.

The scholarship was established in 1984 and earnings on the endowment have been used to award Hearst Scholarships to academically well-qualified students as part of their financial aid packages.

The Hearst Foundation typically funds education, health, human services and cultural programs.

## NOTHIN' SAYS LOVIN' LIKE A GRANT FROM PILLSBURY

The Pillsbury Company Foundation awarded a $2,000 grant to Mount St. Mary's to support the Strides Toward Educational Proficiency Program.

The Foundation, based in Minneapolis, Minn., focuses primarily on helping prepare and empower economically disadvantaged young people by giving them the tools they need to become independent and contributing members of the community.

## MAYR FOUNDATION GIVES $10,000 FOR SCHOLARSHIPS

The George H. Mayr Foundation awarded MSMC $10,000 in July 1996 and, combined with its January 1996 gift of $10,000, provided scholarships for four students.

The Los Angeles-based foundation grants funds to California private schools for scholarships to California students who have completed the eighth grade. Its primary interest is secondary-level and higher education, business education and education of minorities.

*Mayr Foundation Scholarship recipients meet executives of the Mayr Foundation for lunch Nov. 25 on the Chalon Campus. Back row – Don Leahy and Missy Crahan of the George H. Mayr Foundation. Front row – Olga Hernandez, student, Bud Grier, Mayr Foundation chairman, and Donna Moran, student.*

## PHILANTHROPIC FOUNDATION FUNDS SCHOLARSHIPS

A long-time supporter of Mount St. Mary's College, the Los Angeles Philanthropic Foundation once again awarded MSMC $20,000 for scholarships. Ten students were nominated by the Financial Aid Office to receive the grants this year and were then approved by the Foundation.

The Foundation is an organization that provides scholarship support to private colleges in Southern California. Its purpose is to emphasize the importance of raising the standards of American education.

*Carl Minton, president of the Los Angeles Philanthropic Foundation, meets with the Foundation's scholarship recipients at a Nov. 12 luncheon on the Chalon Campus.*

## PEPPERS DONATES $5,000 FOR SCHOLARSHIP

The Ann Peppers Foundation of Pasadena donated $5,000 to Mount St. Mary's for opportunity grants for needy and qualified students who could not otherwise afford a college education.

The funds will be given to at least three students as part of their financial aid packages.

The Foundation focuses its giving on small private colleges and community organizations with limited resources for fundraising. It also supports activities that benefit young people and enhance their moral, educational and social well-being, as well as activities for senior citizens.

## MAC NEEL PIERCE GIVES TO BACHELOR'S STUDENTS

The Mac Neel Pierce Foundation of Huntington Beach has given the Mount $3,000 for scholarship assistance for qualified and needy students in the bachelor's degree programs at the Chalon Campus.

## GETTY CENTER PREVIEW DRAWS 170

Mount St. Mary's Trustees, Regents and Mount Associates got a sneak peak at the as-yet-uncompleted Getty Center which is located on a neighboring hilltop near the Chalon Campus in Brentwood.

About 170 people attended the Jan. 18 preview tour of the facilities and relaxed in the new Getty Center Restaurant where they enjoyed an afternoon tea.

*With the Mount's humanities building and Mary Chapel in the background, Mount Trustees, Regents, Mount Associates and their friends enjoy the view outside the 150-seat Getty Center Auditorium during a preview of the new Center Jan. 18*

## DELTA AIR LINES FUNDS MULTICULTURAL COLLABORATION

To help inner-city teachers develop lesson plans that incorporate multicultural perspectives, the Center for Cultural Fluency at Mount St. Mary's College will establish partnerships with schools in the Los Angeles Unified School District thanks to a $7,500 grant from the Delta Air Lines Foundation.

Through the grant, the College will coordinate teams of five teachers from individual schools to work together to design curricula. Research has shown that teachers benefit from collaborative work, from feeling the support of their administration and from knowing that they are not alone as they try to meet the needs of an increasingly diverse student population.

The Delta Air Lines Foundation is based in Atlanta, Ga., and focuses its giving in three areas: building strong communities by funding programs that bring people together, strengthening families through programs that promote a positive start for families with young children, and increasing cultural understanding with projects that nurture the constructive exchange of ideas and opinions.

*Preview attendees pass the building that will house the J. Paul Getty Museum at the Getty Center before the end of the year.*

The Center, which will be open to the public in late 1997, will house the J. Paul Getty Museum, The Getty Research Institute for the History of Art and the Humanities, The Getty Conservation Institute, The Getty Information Institute, The Getty Education Institute for the Arts, The Getty Grant Program, and The Getty Leadership Institute for Museum Management. In July The Getty Trust will close the J. Paul Getty Museum in Malibu for renovation and will re-open it in 2001.

## *The Campaign Leadership*

TIMELESS VALUES FOR CHANGING TIMES

The Campaign for Mount St. Mary's College

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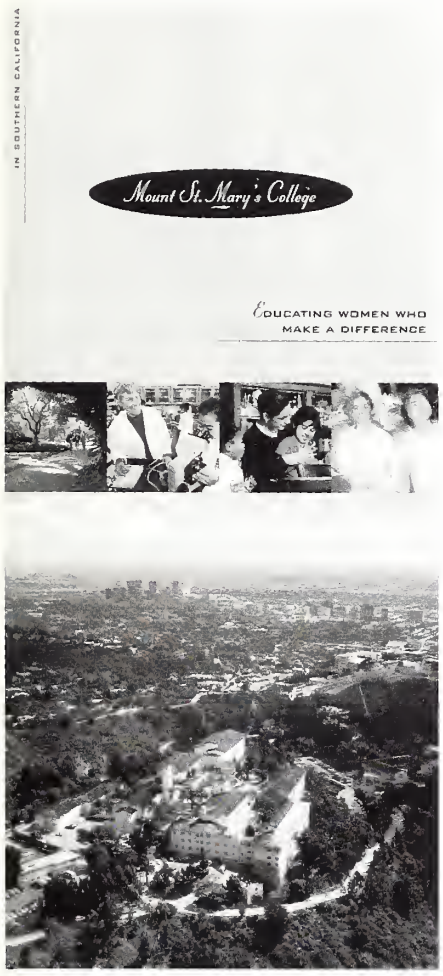
*To participate in the Campaign for Mount St. Mary's College, contact the Campaign Office at (310) 954-4080.*

## Admissions Poster Receives Award of Distinction

The Admissions Office received a 1996 Award of Distinction from the Council for the Advancement and Support of Education, District VII, for the new admissions poster.

The poster, produced by graphic designer Chandre Kipps Nicholas who also designed the Mount logo, won first place in its category.

Out of 322 entries submitted by institutions in the five states of the seventh district, the CASE judging committees selected 52 awards of distinction. Entries were evaluated on the basis of creativity,




quality, budget and effective use of available resources on meeting the institution's stated goals and objectives.

The vertical poster combines a beautiful aerial view of the Chalon Campus with photographs of students walking on the Doheny Campus, working in a lab, playing with children and having fun in Westwood.

### *Jolly Happy Souls*

Doheny and Chalon students come together in the Chalon Circle to sing Christmas carols during the lighting of the Circle in December.

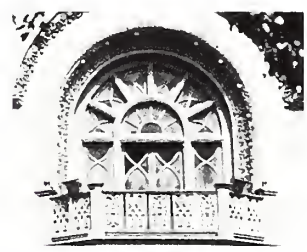
Workers install new computer and telecommunications wiring in Brady Hall in January.

## Getting Wired

Both Mount campuses are being wired for a computer network and telecommunications system. The new cable infrastructure for phones and computers was completed in January and includes not only offices, but dorm rooms as well.

Staff, faculty and students now have access to a computer network through which they can access e-mail and the Internet, and share files. Students can access and submit assignments via e-mail and conduct research over the Internet.

Mount offices now have new phone numbers, but student numbers will not change until after May to minimize disruption to students. Main campus switchboard numbers are now (310) 954-4000 for the Chalon Campus and (213) 477-2500 for the Doheny Campus.



# Classics

*'41* **Irene Leveille Gardner** and her travel club recently cruised from St. Petersburg to Moscow via the Volga and Suir Rivers and the Moscow Volga canals. She also toured the Brittany Coast and the chateaux of France with her daughter.

*'43* **Bernice Brady Medinnis** continues to provide training in classroom management and teaching strategies for DARE officers. Her most recent publication was a 16-hour in-service training program for elementary teachers.

*'47* Enjoying golf, bridge, knitting, traveling and working for the San Francisco Giants, **Corinne Falvey Mullane** is in her seventh year of retirement.

*'48* On an extended trip around the country, **Phyllis Kirby Jones** attended a grandson's graduation in Wisconsin, visited a son in Georgia, and traveled through Florida, Texas and Arizona on the way home.

## Christmas in the Mansion

Golden Groduotes, members of the Heritoge Society ond their guests enjoy o Christmos luncheon ot the Doheny Monsion in December. Seoted (L to R) ore members of the closs of 1937 who ore celebroting the 60th onniversory of their groduotion this yeor: Sister Mercio Louise Zerwekh, Morgoret Donovon Kelly, Genevieve Foeh Froga ond Bernice Corls Lieb. Stonding ore Rose Alice Wills Smith '31 and her guest Mory Pillo.

*'49* **Dolores Bowler Patterson** has retired from the Medical College of Virginia Hospital, and she and her husband have traveled to Spain, Italy, Switzerland, Austria and Germany.

*'50* In the past year **Mary Clare O'Brien Pettit** has toured the British Isles and Hawaii.

*'51* **Dolores Welgoss DeGrassi** is attending her community college to learn how to use a computer. She says that taking tests instead of giving them is a big challenge!

*'52* **Juanita Cusack Quinn** works full time but found time for a wonderful cruise to Alaska.

*'53* **Marilyn Munton Gutierrez** is directing the Spiritual Exercises of St. Ignatius Loyola for the Deaconate Formation Program of the Los Angeles Diocese.

This May **Camille Lutfy Donaldson** will receive a master's degree in management from the University of Phoenix.

While traveling as often as possible to Cape Cod, Michigan, Florida, Gatlinburg, and other spots around the country, **Susan McDonough Riser** is also working on a maternal genealogy after taking a trip to her family homestead in Dickinson, N.D.

*'54* **Patricia Quinn Hart Holt** recently married a widower and together they have 11 children and 18 grandchildren, who were all in the wedding. Patricia and her husband both retired last year and are enjoying their new life together.

*'56* **Sally Heenan Bernard** went on a wonderful adventure safari in Botswana and Zimbabwe, and spent some time in Capetown, South Africa. She is still doing some consulting, and is busy with volunteer work and leading Confraternity of Christian Doctrine (CCD) classes in which she teaches children about Catholicism.

*'57* Creating wearable art clothing, **Shirley Morningstar Capps** won the Glendale Quilt Club's award in Wearable Art. She has completed the certificate program at Pasadena City College in fashion design, and is active in racewalking and water aerobics. Shirley was also in the July issue of Prevention magazine, and is taking a class at Glendale College in computer aided design.

**Jonelle Gagel Haraksin** retired in November and plans to travel around the United States this year.

After recovering from a stroke, **Kathleen Flynn Vernon** and her husband spent three weeks in Italy and Switzerland last year. Kathleen and her husband celebrated 40 years of marriage; she is still a lector and Eucharistic Minister.

*'58* **Mary Pat McClurg Paddock** is still teaching three ceramics classes a week, and has eight grandchildren.

*'60* **Judith Bauerlein** was recently named Teacher of the Year for the San Mateo School District.

**Margaret Kite** is currently the associate director of MSCP, which is the Medicare supplement offered by the Long Beach Memorial Medical Center.

*'61* Although her cruise to Alaska was cancelled due to a fire in the engine room of the cruise ship, **Mary Collins Pizzorno** did take great trips from her home in Texas to South Dakota and California last year.

*'62* **Violet Craemer Devoe** has for many years been active in organizations in Coronado, including Soroptimists and the Coronado Schools Foundation Board of Directors. She is president of Presidio Components, a high tech electronics firm manufacturing multilayer ceramic chip capacitors.

**Celine Hatcher Alvey** is the Associate Vice President for information services at the Florida Institute of Technology in Melbourne, Fla. Campus networking, academic and administrative computing, telecommunications and the library are all under her direction.

*'63* Enjoying an annual tradition, **Pat Thompson Sando** hosted a weekend with fellow classmates, **Nance Slattery, Barbara Buckman** and **Judy Harris Kleinberg**, all from the class of '63.

*'65* **Pamela Martin Cummings** became a first-time grandmother last July.

This past year **Ricky Ruplinger Warkentin** traveled to London and to France where she stayed in the south at a retreat near St. Remy, and returned home via Paris.

*'67* Last October **Carol Dvoran Lancaster** gave a piano concert at the Thousand Oaks Civic Arts Plaza. Carol is on the music faculty at Moorpark College and taught at Pasadena City College. Carol has also commissioned and premiered Mario Feninger's Adagio and Finale, and has commissioned a work from composer Emma Lou Diemer.

*'68* **Macrina Garcia** is working as director of patient care services for the Visiting Nurses' Association in Los Angeles. The service area covers Los Angeles County and parts of Kern County. She is responsible for the private duty home care and managed care aspects of the association's services.

## *72nd Annual Founders Day Weekend Dates Set*

Mount St. Mary's alumnae who graduated in a year that ends in a 2 or 7 are invited to Founders Day Weekend October 11 and 12.

FOUNDERS DAY

72
2's & 7's

MSMC 1997
72nd Anniversary

There will be a variety of activities and the Outstanding Alumnae Awards will be presented. Mark your calendars.

Shelli Weekes-Andrews '84, right, welcomes authors Felix H. Liddell and Paula Woods who premiered their newest book, "Merry Christmas, Baby," at a book fair and book signing sponsored by African American Alumnae Network last fall. The event, held in the Doheny Mansion, featured a selection of books by African American writers. Proceeds from the day's activities will increase representation of African American authors in the College's libraries. Photo by Diana Houptman '68

While still teaching English as a Second Language and French privately, **Marie Van Blaricom Maitrepierre** also helps with her New Jersey school district's E.S.L. program, tutors teen mothers for the General Education Development test and helps with the food pantry drive throughout the year. Marie is also an active member of the American Translator's Association. A recent visitor to Marie's home in New Jersey was **Patricia Hohman Sorenson '67.**

**Mary MacDonald Koenig** is still teaching British Literature at Houston Community College and is the new executive director of the Houston branch of the English-Speaking Union.

After moving to San Luis Obispo, **Francine Bell Johnston** has become involved with the elementary and junior high schools, tutors in the resource center at the local middle school, and assists in the Learning Center at Cuesta Community College.

*'69* **Barbara Kirsch Poole** works as a children's department assistant in the Thousand Oaks Library, and recently lunched with classmates, **Lois Whitney Comeau** and **Sharon Breen Jarrett.**

Orange County kindergarten teacher, **Maureen Peverada Chris** is the School Improvement Program Coordinator and is involved in new teacher training and district-wide teacher training.

*'70* **Susan Von Tobel** is in her last year of work toward a master's degree in Marriage and Family Therapy. When she graduates she will be a registered intern and qualified to work toward licensure.

Superintendent of the Little Lake City School District, **Maria Gutierrez Ott** is also active with the Norwalk Community Coordinating Council and the Norwalk and Santa Fe Springs chambers of commerce.

*'73* **Diane Rowland Hays** and her husband spent their 18th wedding anniversary in South Lake Tahoe hiking and biking.

**Julia Milward Kinmartin** and her husband work together at the Bushnell Ribbon Corporation, a family-owned business since 1903.

'74 **Susan Boke Holland** teaches science at Miller Creek Middle School, a California Distinguished School.

Kristine Kosak lives in Murrieta, Calif., where she enjoys her horse Sweetie, and she and her spouse have designed and built a home.

Working as the head nurse for labor and delivery at Martha Jefferson Hospital in Charlottesville, Va., **Mary Ann Medon** Lucia is also a Scout leader and a Sunday school teacher.

'76 In advance of her husband's retirement from the military last December, **Ann Gleason Grover** and her husband moved back to Oklahoma City.

'78 **Linda Peich Broyles** attained the MSN in May through the Statewide Nursing Program.

'79 In addition to presenting a session entitled "Public Speaking," **Joan Cashion** recently helped the Director of Student Activities at Marymount College plan the Leadership Retreat for students. The keynote speaker at the retreat was **Dr. Cheryl Mabey** '69.

'80 In addition to teaching childbirth education classes, **Linda Laird Parsons** is also a newborn home visit nurse, helping new mothers cope with postpartum blues and other babycare issues.

'82 **Michelle Feany Van Horne** is busy expanding her home business, "Omnitrition," which includes nutrition, vitamins and weight loss.

'83 **Lori Bohn Tapp** has three children, and works one day a week in the critical care department of Northridge Hospital.

'84 Having recently retired, **Jean Streuber Bushnell** is enjoying yoga, contemporary art, UCLA extension classes, and cooking.

'88 **Karen Fischer Yohannes** enjoys being home with her two children but finds time to work at the Crisis Pregnancy Center, Women's Aglow International, and the Farm Bureau in Visalia.

**Jeanne Soukup** was recently elected co-chair of the Nurses and Allied Health Professionals Forum – California Tuberculosis Controllers Association. Jeanne is working as an infection control coordinator for the Los Angeles County TB Control Program.

**Anne Kristen Bishop** spent the summer in Europe and visited **Suzan Danger** '88, in Germany. Anne also presented the Inclusion Model at her school.

**Starting in this issue** of the Magazine, the Office of Alumnae Relations will answer some frequently asked questions about the Alumnae Association.

## ALUMNAE ASSOCIATION Q & A

**Q. When did the Alumnae Association begin?**

A. The MSMC Alumnae Association was formed in 1929 with the first 10 lay women graduates. In its early years, activities were largely social and funds were raised for the alumnae treasury. In 1947, a constitution was adopted which established an executive board. The structure changed in 1955 when the Alumnae Association became incorporated and was responsible for planning and financing all its own activities. The present structure dates from 1969 when the Alumnae Association dissolved the corporation and was brought within the College structure with its own operating budget. Today, the Office of Alumnae Relations is an integral part of the Institutional Advancement Division of MSMC.

**Q. How large is the Alumnae Association?**

A. Membership in the Alumnae Association is granted automatically to all graduates. More than 12,400 people have received degrees from MSMC since 1929 and the Office of Alumnae Relations has contact addresses for more than 8,000. Current composition is 20 percent associate degree graduates, 68 percent baccalaureate degree recipients and 12 percent masters degree alumnae. The Alumnae Association will welcome more than 400 new members this year.

*Next Issue – Board Structure and Budget*

For information about the Alumnae Association, contact Office of Alumnae Relations, (310) 954-4087

*'89* **Kathryn Brown Schaffer** is studying motorcycle helmets by performing CAT scans on helmets worn in crashes to determine the internal damage of the helmet and relating that damage to any head injuries sustained in the crash.

**Laura Whitescarver Mohun** still lives and works in the Lake Tahoe area, where her husband is a paramedic in Truckee. She and her husband now have two daughters.

*'92* There is only one year left in the graduate program in health education at San Francisco State University for **Sharon Kirk Gorman**. This past October there was a poster presentation of her graduate work at the Los Angeles chapter of the American Physical Therapy Association annual conference.

*'94* **Karen Villanueva** has recovered from surgery to remove one kidney, and is now looking forward to a spring wedding. Karen works in Downtown Los Angeles at a company called HKI, and is this year's Young Alumnae Fund Chair.

**Diana Gonzalez Aveleyra** is a first grade bilingual teacher for the La Puente school district.

**Carmen Esquer** writes for BOPP magazine for teens.

*'95* **Marie Legaspi** is a public health nurse and is involved in research with the Department of Children and Family Services. Marie does home visits and client teaching for at-risk for abuse families for a research study with the University of Judaism and the California Wellness Foundation. She is also involved with the Young Alumnae group from the Mount.

**Laura Gimenez** is working as a marketing research intern at the U.S. embassy in Buenos Aires, Argentina.

*'96* Having graduated magna cum laude, **Kristina Dam** is now pursuing a doctorate in pharmacology at Duke University.

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Volunteers are needed to **Serve Our School** by **helping design** the **Alumnae** page on the Mount St. Mary's College **website.** Interested Volunteers can **call** the Alumnae Relations Office at **(310) 954-4087.**

# *Vital Statistics*

## Two by Two

The members of the Alumnae Association extend best wishes to the following alumnae and their spouses:

'54 Patricia Quinn Hart to Thomas Holt
'76 Vicki Drosman to Jerry Good
'88 Catherine R. Emley to Samuel Akanno
'89 Kathryn Ann Brown to Mark Schaffer
'94 Diana A. Gonzalez to Francisco Aveleyra

## By-Lines

The members of the Alumnae Association extend congratulations to the following alumnae and their spouses on the birth of their children:

'80 Joelle Jeannine to Clare'Teen Knapp Perron, 3rd child, 2nd daughter
'81 Amy Elizabeth to Melissa Hayes Brennan, 3rd child, 1st daughter
'83 Ashlynn to Loretta Bohn Tapp, 3rd child, 2nd daughter
'84 Manuel Tomas to Rosa Jimenez Lazalde, 2nd child, 1st son
'87 Sarah Tziporah to Linda Neumann-Potash, 2nd child, 1st daughter
'88 Kia Nicole to Lori Koutouratsas Canning
'88 Arthur Lee to Vianne Martinez Wentzell, 2nd child, 2nd son
'88 Tyler Alexander to Catherine Emley-Akanno, 1st child
'89 Chelsea Melissa to Laura Whitescarver Mohun, 2nd child, 2nd daughter

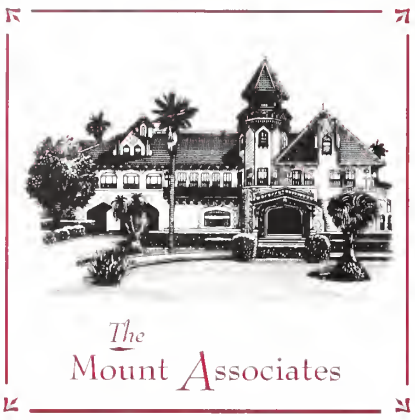
## Requiescant

Your prayers are requested for the repose of the souls of:

'39 Mary Boland Duffy
'41 husband of Mary Jean Lynch Gibb
'48 husband of Winifred Yurich Kovach
'49 Catherine Hogan Talafus
'57 mother of Shirley Morningstar Capps
'61 son of Diane Souva Haggerty
'62 mother of Sally Smiley O'Sullivan and Patricia Smiley Zalenski '66, and grandmother of Catherine O'Sullivan '91
'64 Mary Lou Getson La Vallie
'66 Mary Ruchlewicz Rubly
'70 mother of Carol McCoppin Park
'73 husband of Elaine Kreiner Berman
'76 father of Catherine Tinker Molina
'83 husband of Marguerite Prior Fisher
'84 Jeffrey Lobel
'90 Louis D. Morrison

They will be remembered in the Masses, prayers and good works of the Sisters of St. Joseph.

## Revisiting the Stars — Beverly Hills at Its Best




It had all of the trappings of a Beverly Hills party: fine food, plenty of celebrities and a hip location. The Mount Associates held its annual membership recruitment event at the new Museum of Television and Radio in Beverly Hills Nov. 17.

Associates and guests munched on hors d'oeuvres, laughed during a viewing of old commercials and celebrity performances, and techno-browsed through the museum's extensive archives of television and radio memorabilia.

The Museum of Television and Radio is unique in that it is a research facility as opposed to a display museum. Expecting to see antique television sets and celebrity mannequins, Associates were pleasantly surprised when able to sit down at interactive computer terminals to call up information about their favorite stars and hear soundbites from current television episodes and radio shows from days gone by. During remarks to the crowd, MSMC President Sister Karen Kennelly stated that she would like faculty to consider integrating the museum's resources into the classroom experience.

The Mount Associates Advisory Committee will continue to focus on exposing fellow members to the unique or unusual as they plan for the members-only event to be held in the spring.

The Mount Associates are alumnae and friends of the College whose annual donations provide unrestricted funds to the Mount in support of such areas as student financial aid and academic programs. The annual minimum donation is $300 for Associates who are age 29 and younger, $600 for those age 30 to 34, and $1,200 for those age 35 and older. If you would like to become an Associate or work on the Advisory Committee, contact Theresa Davis at (310) 954-4095.

## Elvis vs. Rockefeller: Who Planned Better?

HERITAGE SOCIETY

If you have not completed an estate plan and/or a will and you are procrastinating about this important task, you may become an **involuntary philanthropist.** There are numerous persons who have been in this state — some very famous.

Abraham Lincoln died without making a personal will, so his assets were distributed according to Illinois law at the time of his death: one-third to his widow and one-third to each of his sons.

Survivors of many well-known people have paid out a large part of an estate in taxes and administrative expenses. Some of the outstanding examples include: Elvis Presley — 72 percent, Charles Woolworth — 62 percent, Ogden Mills (Secretary of the Treasury) — 60 percent, Alwin Ernst (Ernst & Ernst) — 56 percent, and Conrad Hilton — 53 percent. A major portion of these estates was given to government programs; this may or may not have been their choice of philanthropy.

Why not be a **voluntary philanthropist** and direct your assets according to your own goals? You will then join some other famous persons who lost a very small amount of their estates to taxes and administrative expenses. Some of these persons include: William Danforth — 2 percent, John D. Rockefeller Sr. — 3 percent and William Randolph Hearst — 6 percent.

An article in the July 11, 1994, Fortune magazine described Jacqueline Kennedy Onassis' will as "a model of smart estate planning." The article noted that, although most persons do not have her estimated $200 million in wealth, there are basic lessons to be learned: the fact that she had a will, the will's clear designation of assets through specific bequests, the use of trusts, and the carefully thought-out directives for the payment of taxes.

Can we help you join the group of voluntary philanthropists? The Mount's Planned Giving Office provides professional assistance to those who want to include the College in their estate planning, through their will, trust, gift annuity, retirement plan, life insurance or private foundation.

It is a pleasure to welcome **Fr. George O'Brien** into the Heritage Society; MSMC is named in his will. We are also happy to announce the membership of **Arabella Williams '45** who has remembered the College in her living trust.

Sister Catherine Therese Knoop
Director of Planned Giving
(310) 954-4083

# Leadership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*Chartered in 1925, the College is sponsored by the Sisters of St. Joseph of Carondelet.*

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*BEDSIDE OR BOARDROOM – continued from page 4*

needs of the clients are met, and supervises a staff of five registered nurses, licensed vocational nurses and medical assistants. "Whatever area of health care I choose to go into in the future, I know it's going to have something to do with children," she says.

Although Pegollo always knew she wanted to go into the medical field, she did not want to work in a hospital setting. "My Mount internship helped me realize that there are other options," she says.

In addition to crediting the Mount for helping her realize the many opportunities available to the nursing professional, Pegollo thanks the College for helping her develop and hone her leadership skills. "I used to dread oral presentations. They were scary and nerve-wracking," she says. But it was through these presentations that she gained the self confidence needed to successfully meet the demands of her current position. "All the public speaking experience I acquired at the Mount has helped me take on a leadership role. It has enabled me to successfully train staff, as well as work comfortably with other administrators."

> *"What attracts people to nursing now is that there are so many options."*

Ultimately, Pegollo feels the Roy Adaptation Model has provided her with the greatest lesson of all. "Through the model I have learned to respect and treat the patient as a whole person," she says. "In my job patients can't speak up for themselves, so I usually have to act as their advocate. Mount St. Mary's teaches its nursing students to be a patient's advocate. If we can't be there for them, who else will?"

*MAKING THEIR MARK – continued from page 5*

Aimee Jade Ramos Sison, a biology major at Chalon planning to become an obstetrician or gynecologist, believes that the Class of 2000 is more outspoken than previous classes and that this helps students learn more about each other and become closer. Convinced that her class has an unequaled sense of unity, Sison says "We are setting examples of how to be a family away from home, and the importance of bonding and sisterhood."

> *"We have all grown up with developing technology so we are adaptable and tolerant to differences..."*

Nursing major Sarah Podegracz, Chalon, realizes that the members of the Class of 2000 will spend a good portion of their lives working, but believes that they will also be able to raise children and accomplish anything they set out to do "because we have learned to compromise and we are willing to stick to our goals."

The lively spirit of this class has been apparent since its arrival at the Mount in fall 1996.

"There is definite energy behind these students," says Emily Langdon, Director of Student Activities on the Chalon Campus. "When they met at orientation, they immediately began to refer to themselves as 'the Class of 2000,' not as 'the freshman class,' and they enjoy activities that bring them closer and distinguish them from other classes."

At Doheny, Maria Lyons, Director of Student Activities, has noticed similar attributes. "The first-year students are energized; they will go into the next century driven by their own positive goals and with new vision," she says.

# *Save the Date*

## MARCH

You can be the bunny's buddy at the Easter Egg Hunt.

**Sunday, March 9**
Cappella Nova
4 p.m.
Holliston Avenue Methodist Church, Pasadena

Founded in 1982, these 10 a cappella singers have attracted a passionate following in Europe with the previously little-known music of Renaissance Scotland. For more details, call the Da Camera Society, (310) 954-4330.

**Sunday, March 16**
Faculty Art Show
Opening Reception
1 to 3 p.m.
José Drudis Biada Art Gallery, Chalon

Exhibit runs to April 19.

**Wednesday, March 19**
Siena Day
11:30 a.m. to 2:30 p.m.
Doheny Campus

**Saturday, March 22**
Annual Easter Egg Hunt
1:30 p.m.
Child Development Center #17, Doheny Campus

Join the Alumnae Association for the annual afternoon of fun and frolic with your family and friends. To R.S.V.P., contact Alumnae Relations, (310) 954-4087.

Art Gallery Exhibit
Student Art Show
José Drudis-Biada Art Gallery, Chalon

Exhibit runs to May 10.

## APRIL

**Saturday, April 12**
Spring Luncheon
11:30 a.m.
Campus Center, Chalon

Guest speaker will be Robin Abcarian, Los Angeles Times columnist. Alumnae Relations, (310) 954-4089.

**Wednesday, April 16**
Combattimento Consort Amsterdam
8 p.m.
Hollywood Roosevelt Hotel, Los Angeles

Comprised mostly of Dutch musicians, the ensemble will set the blood racing at the Hollywood Roosevelt Hotel with music from Rameau, Back, Vivaldi and Purcell.

For more details, call the Da Camera Society, (310) 954-4330.

**Friday, April 25**
Spring Choral Concert
8 p.m.
Mary Chapel, Chalon

For more details, call the Music Department at (310) 954-4265.